



PRESS RELEASE

For Immediate Release

**Cominar Real Estate Investment Trust
Announces October 2013 Monthly Distribution**

Quebec City, October 17, 2013 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 12.0 cents per unit to unitholders of record as at October 31, 2013, payable on November 15, 2013.

PROFILE AS AT OCTOBER 17, 2013

Cominar Real Estate Investment Trust is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 493 properties in three different market segments, that is, office buildings, retail buildings and industrial and mixed-use buildings. Cominar’s portfolio totals 36.8 million square feet spread out across Québec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximize unitholder value by way of integrated, proactive management and the expansion of its portfolio.

Cominar has a dividend reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants receive an effective discount of 5% of distributions in the form of additional units. Information and enrolment forms are available at www.cominar.com.

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