

## Press Release

For Immediate Release

### Cominar Real Estate Investment Trust Announces March 2007 Monthly Distribution

---

#### TSX - CUF.UN

Quebec City, March 20, 2007 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) announced today a distribution of 10.2 cents per unit to unitholders of record as at March 30, 2007, payable on April 16, 2007.

#### **PROFILE as at March 20, 2007**

Cominar is one of the largest commercial real estate property owners and managers in the province of Quebec. It owns a high quality portfolio of **143 properties in the Greater Montreal and Quebec City areas, consisting of 15 office, 31 retail, and 97 industrial and mixed-use buildings, totalling over 10.3 million square feet.** The REIT’s objectives are to deliver to its unitholders growing cash distributions and to maximize unitholder value through proactive management and the growth of its portfolio.

Cominar has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly cash distributions in additional Trust units. Participants will be given the right to receive an **effective discount of 5% of distributions** to which they are entitled in the form of additional units. Additional information and enrollment forms are available at [www.cominar.com](http://www.cominar.com).

- 30 -

For more information, please contact:

**Michel Dallaire, P.Eng.**, President and Chief Executive Officer

**Michel Berthelot, CA**, Executive Vice President and Chief Financial Officer

Tel: (418) 681-8151

[mdallaire@cominar.com](mailto:mdallaire@cominar.com)

[mberthelot@cominar.com](mailto:mberthelot@cominar.com)